




# October 2017 Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Oct 2, 2017	3-Oct	4-Oct	5-Oct	6-Oct
Breakfast - French Toast Sticks, Cereal, Whole Wheat Toast, Fruit, Apple Juice, Milk. Lunch - Hamburger, Roasted Potatoes, Carrots, Fruit, Chocolate Cake, Milk.	Breakfast - Ham & Cheese Quesadillas, Oatmeal, Whole Wheat Toast, Fruit, Orange Juice, Milk. Lunch - Pork Taco, Tossed Salad, Black Beans, Fruit, Cinnamon Bread, Milk.	Breakfast - Sausage Biscuit, Cereal, Whole Wheat Toast, Fruit, Apple Juice, Milk. Lunch - Grandma's Chicken Gravy, Mashed Potatoes, Green Beans, Whole Wheat Roll, Fruit, Milk.	Breakfast - Breakfast Burrito, Oatmeal, Whole Wheat Toast, Fruit, Orange Juice, Milk. Lunch - Cheeseburger Pizza, Tossed Salad, Green Peas, Fruit, Milk.	Breakfast - Biscuits & Sausage Gravy, Cereal, Whole Wheat Toast, Fruit, Apple Juice, Milk. Lunch - Roll Ups, Corn, Broccoli, Fruit, Bread Stick, Oatmeal Cranberry Cookie, Milk.
Fall Break No School 	Fall Break No School	Fall Break No School 	Fall Break No School	Fall Break No School 
9-Oct	10-Oct	11-Oct	12-Oct	13-Oct
Breakfast - Breakfast On A Stick, Cereal, Whole Wheat Toast, Fruit, Orange Juice, Milk. Lunch - Pasta Bake, Green Beans, Carrots, Fruit, Whole Wheat Roll, Milk.	Breakfast - Sausage Biscuit, Oatmeal, Whole Wheat Toast, Fruit, Apple Juice, Milk. Lunch - Chicken Fajita, Tossed Salad, Corn, Fruit, Cina-Stick, Milk.	Breakfast - Yogurt Parfait, Cereal, Whole Wheat Toast, Fruit, Orange Juice, Milk. Lunch - Pulled Pork Sandwich, Roasted Potatoes, Green Peas, Fruit, Milk.	Breakfast - Pancakes, Oatmeal, Whole Wheat Toast, Fruit, Apple Juice, Milk. Lunch - Hot Ham & Cheese Sandwich, Baked Beans, Broccoli, Fruit, Milk.	Breakfast - Biscuits & Gravy, Cereal, Whole Wheat Toast, Fruit, Apple Juice, Milk. Lunch - Meatballs, French Fries, Tossed Salad, Bread Sticks, Fruit, Chocolate Chip Cookie, Milk.
16-Oct	17-Oct	18-Oct	19-Oct	20-Oct
Breakfast - French Toast Sticks, Cereal, Whole Wheat Toast, Fruit, Apple Juice, Milk. Lunch - Corn Dog, French Fries, Carrots, Fruit, Fudge Brownies, Milk.	Breakfast - Ham & Cheese Quesadillas, Oatmeal, Whole Wheat Toast, Fruit, Orange Juice, Milk. Lunch - Tacos, Refried Beans, Corn, Fruit, Cinnamon Bread, Milk.	Breakfast - Sausage Biscuit, Cereal, Whole Wheat Toast, Fruit, Apple Juice, Milk. Lunch - Chicken Fried Steak, Mashed Potatoes, Country Gravy, Green Beans, Whole Wheat Roll, Fruit, Milk.	Breakfast - Breakfast Burrito, Oatmeal, Whole Wheat Toast, Fruit, Orange Juice, Milk. Lunch - Cheese Pizza, Tossed Salad, Green Peas, Carrots, Fruit, Milk.	Breakfast - Biscuits & Sausage Gravy, Cereal, Whole Wheat Toast, Fruit, Apple Juice, Milk. Lunch - Hamburger, Roasted Potatoes, Broccoli, Fruit, Snickerdoodle Cookie, Milk.
23-Oct	24-Oct	25-Oct	26-Oct	27-Oct
Breakfast - Sausage Biscuit, Oatmeal, Whole Wheat Toast, Fruit, Apple Juice, Milk. Lunch - Cheese Quesadillas, Tossed Salad, Corn, Fruit, Cina-Sticks, Milk.	Breakfast - Sausage Biscuit, Oatmeal, Whole Wheat Toast, Fruit, Apple Juice, Milk. Lunch - Cheese Quesadillas, Tossed Salad, Corn, Fruit, Cina-Sticks, Milk.	Breakfast - Sausage Biscuit, Oatmeal, Whole Wheat Toast, Fruit, Apple Juice, Milk. Lunch - Cheese Quesadillas, Tossed Salad, Corn, Fruit, Cina-Sticks, Milk.	Breakfast - Sausage Biscuit, Oatmeal, Whole Wheat Toast, Fruit, Apple Juice, Milk. Lunch - Cheese Quesadillas, Tossed Salad, Corn, Fruit, Cina-Sticks, Milk.	Breakfast - Sausage Biscuit, Oatmeal, Whole Wheat Toast, Fruit, Apple Juice, Milk. Lunch - Cheese Quesadillas, Tossed Salad, Corn, Fruit, Cina-Sticks, Milk.
30-Oct	31-Oct			
No School	Breakfast - Sausage Biscuit, Oatmeal, Whole Wheat Toast, Fruit, Apple Juice, Milk. Lunch - Cheese Quesadillas, Tossed Salad, Corn, Fruit, Cina-Sticks, Milk.			

